

## **ADVANCES IN MANAGEMENT OF ADHD IN CHILDREN with RUSSELL BARKLEY, Ph.D.**

### **FACULTY-BRIEF BIO**

Dr. Russell Barkley, Ph.D., Professor in the Department of Psychiatry at the SUNY Upstate Medical University in Syracuse, NY, is an educator, researcher and author, with 20 books and clinical manuals, over 200 scientific publications, three awarding winning videos, and over 600 workshops and public addresses about ADHD to his credit. He is a Diplomate in Clinical Psychology (ABPP), Clinical Neuropsychology (ABCN, ABPP), and Clinical Child and Adolescent Psychology (ABCCAP, ABPP). Dr. Barkley is currently editor of The ADHD Report (Guilford), a newsletter he founded in 1993. Additionally, he serves on the editorial boards of eleven scientific journals and is a reviewer for many other journals.

Dr. Barkley has received numerous awards over his career for his work in ADHD and the field of psychology including in 1996, he was awarded the C. Anderson Aldrich Award from the American Academy of Pediatrics for his research career in child development. In 2002, he received the Dissemination Award from the Society for a Science of Clinical Psychology, Division 12, of the American Psychological Association for his career long efforts to dispel misconceptions about ADHD and to educate the public and other professionals about the science of this disorder. And in 2005, he received an award for distinguished service to the profession of psychology from the American Board of Professional Psychology.

### **COURSE DESCRIPTION**

This one-hour course will review developments in the understanding of ADHD as a disorder of self-regulation and executive functioning and the implications of this view for management of the disorder. Dr. Barkley will then proceed to discuss major developments in the past decade in the medical management of ADHD including new drugs and new delivery systems. He will also review advances in the understanding of psychosocial treatments and their refinements during this decade, concluding with a review of promising new yet experimental psychosocial treatments for the disorder.

### **COURSE OBJECTIVES**

Participants will be able to identify:

- The major advances in understanding the nature of ADHD as a disorder of self-regulation
- The implications of viewing ADHD as a disorder of executive functioning that disrupts self-regulation
- The latest developments in the science-based treatment of ADHD, including both proven and unproven treatments.

### **COURSE OUTLINE**

1. Introduction of Topic	(2 minutes)
2. Disclosures	(1 minute)
3. Course Objectives	(2 minutes)
4. Current Clinical View of ADHD	(5 minutes)
5. Advances in Theory	(10 minutes)
6. Understanding ADHD	(8 minutes)
7. ADHD Medications	(15 minutes)
a. Advances in medication	
b. Recent studies	
8. Advances in Family Treatment	10 minutes
9. Research Underway	3 minutes
10. Unproven Therapies	2 minutes
11. Conclusion	2 minutes
7. Question and Answer Period	(15 minutes)

### **BIBLIOGRAPHY:**

Barkley, R. A., Murphy, K. R., & Fischer, M. (2008) *ADHD in adults: What the science says*. New York: Guilford

Barkley, R. A. (2006) *Attention deficit hyperactivity disorder: A handbook for diagnosis and treatment (3rd ed.)*. New York: Guilford Publications

**PLEASE NOTE: It is your responsibility to check with your licensing board regarding their specific requirements. For professionals credentialed by organizations other than those *checked below*, please check with your respective boards to verify the acceptability of the continuing education credit earned through this event.**

Many state boards accept offerings accredited by national or other state organizations. For example, the National Association of Social Workers, Georgia Chapter, will grant credit for activities approved by the California Board of Behavioral Sciences. If your board is not listed, please check with your professional licensing board to determine whether the accreditations listed are accepted. **It is your responsibility to check with your licensing board regarding their specific requirements.** To receive CE credit, registrants must attend the entire session. **The below *checked* Boards will accept CE credit for this course:**

### **One Credit Hour of CE**

#### Psychologists

- X United Behavioral Health is approved by the American Psychological Association to sponsor continuing education for psychologists. United Behavioral Health maintains responsibility for this program and its content

#### Social Workers

- X This program is pending approval by the National Association of Social Workers (provider # 886366512) for one continuing education contact hour.
- X This course meets the qualifications for continuing education for MFT's and LCSW's as required by the CA Board of Behavioral Sciences (Provider # PCE 327).

#### Certified Counselors

- X This course meets the qualifications for continuing education for MFT's and LCSW's as required by the CA Board of Behavioral Sciences (Provider # PCE 327).
- X United Behavioral Health is recognized by the National Board for Certified Counselors to offer continuing education for National Certified Counselors. We adhere to the NBCC continuing education guidelines. United Behavioral Health maintains responsibility for the program. (Provider #5922)

#### Registered Nurses

- X Provider approved by the California Board of Registered Nursing (Provider # CEP 10225).
- X UBH is an approved provider of continuing nursing education by the Pennsylvania State Nurses Association an accredited approver by the American Nurses Credentialing Center's Commission on Accreditation.