

ALCOHOL USE DISORDERS: SCREENING AND INTERVENTION

Brief Bio of Faculty: David Mee-Lee, MD

David Mee-Lee, M.D. is a board-certified psychiatrist, and is certified by examination of the American Society of Addiction Medicine (ASAM). He is based in Davis, CA and is involved in full-time training and consulting, both nationally and internationally.

Dr. Mee-Lee is Chief Editor of the Revised Second Edition of the ASAM Criteria, ASAM PPC-2R, which includes criteria for co-occurring mental and substance-related disorders. He is a Senior Fellow for the Co-Occurring Center for Excellence (COCE) for Substance Abuse and Mental Health Services Administration (SAMHSA). Dr. Mee-Lee has over twenty-five years experience in treatment and program development for people with co-occurring mental and substance use disorders.

Course Description:

Alcohol Use Disorders are the most common of the Substance Use Disorders. However, clinicians have often had inadequate training in addiction to know how to screen for and intervene in alcoholism. This presentation will assist participants in improving their screening, assessment and intervention skills for alcohol use problems.

Course Objectives:

Participants who complete this course will be able to recognize the following:

1. Attitudes about alcohol use, abuse and dependence that can interfere with screening, assessment and intervention in Alcohol Use Disorders.
2. Definitions for Brief Intervention and diagnostic categories for Substance-Related Disorders (DSM-IV-TR).
3. Screening tools and strategies to identify alcohol use problems.
4. Intervention techniques and models in Alcohol Use Disorders.

Course Outline:

Introduction, Definition of Terminology and Diagnostic Categories	5 minutes
Prevalence and Impact of Alcohol Use Disorders in USA	5 minutes
Attitudes about Use, Abuse and Dependence that Interfere with Screening and Intervention	5 minutes
Screening Tools and Strategies in Alcohol Use Disorders	15 minutes
Assessment of Alcohol Use Problems	10 minutes
Identifying Priorities for Brief Intervention and Service Planning	15 minutes
Summary	5 minutes
Q&A Session	15 minutes

Bibliography:

American Psychiatric Association (2000). Diagnostic and Statistical Manual of Mental Disorders, Fourth Edition, Text Revision (DSM-IV-TR) Washington, DC, American Psychiatric Association.

"Assessing Alcohol Problems – A Guide for Clinicians and Researchers" Second Edition eds. John P. Allen, Ph.D., Veronica B. Wilson. National Institute on Alcohol Abuse and Alcoholism NIH Publication No. 03-3745 Revised 2003

Barry KL Consensus Panel Chair. 1999. Brief Interventions And Brief Therapies for Substance Abuse. Treatment Improvement Protocol (TIP) Series 34. DHHS Publication No. (SMA) 99-3353.

Ewing, J.A. (1984). Detecting alcoholism: The CAGE questionnaire. JAMA, 252(14), 1905-1907.

"Helping Patients Who Drink Too Much" – A Clinician's Guide. Updated 2005 Edition.. National Institute on Alcohol Abuse and Alcoholism.

(Online Video Program Trains Clinicians to Help Patients Who Drink Too Much. Download at:

<http://www.niaaa.nih.gov/Publications/EducationTrainingMaterials/guide.htm#slides>)

Mee-Lee D (2007). Engaging resistant and difficult-to-treat patients in collaborative treatment. . *Current Psychiatry* January, 2007 6(1):47-61.

Mee-Lee D, Shulman GD, Fishman M, Gastfriend DR, and Griffith JH, eds. (2001). ASAM Patient Placement Criteria for the Treatment of Substance-Related Disorders, Second Edition-Revised (ASAM PPC-2R). Chevy Chase, MD: American Society of Addiction Medicine, Inc.

(American Society of Addiction Medicine - 4601 Nth. Park Ave., Arcade Suite 101, Chevy Chase, MD 20815. (301) 656-3920; Fax: (301) 656-3815; www.asam.org; e-mail: asamoffice@aol.com. (800) 844-8948.)

National Survey on Drug Use and Health ([NSDUH](#)): [National Findings and Results From the 2006 National Survey on Drug Use and Health](#). Substance Abuse and Mental Health Services Administration (SAMHSA). Published September, 2007. (<http://www.oas.samhsa.gov/nsduh/2k6nsduh/2k6Results.pdf>).

Prochaska, JO; Norcross, JC; DiClemente, CC: "Changing For Good" Avon Books, New York, 1994.

Continuing Education credits:

1 Credit Hour of CE

Many state boards accept offerings accredited by national or other state organizations. For example, the National Association of Social Workers, Georgia Chapter will grant credit for activities approved by the California Board of Behavioral Sciences. If your board is not listed, please check with your professional licensing board to determine whether the accreditations listed are accepted. **It is your responsibility to check with your licensing board regarding their specific requirements.** To receive CE credit, registrants must attend the entire session. **The below *checked* Boards will accept CE credit for this course:**

One Credit Hour of CE

Psychologists

X United Behavioral Health is approved by the American Psychological Association to sponsor continuing education for psychologists. United Behavioral Health maintains responsibility for this program and its content.

Social Workers

X This program was approved by the National Association of Social Workers (provider # 886366512) for one continuing education contact hour.

X This course meets the qualifications for continuing education for MFT's and LCSW's as required by the CA Board of Behavioral Sciences (Provider # PCE 327).

Certified Counselors

X This course meets the qualifications for continuing education for MFT's and LCSW's as required by the CA Board of Behavioral Sciences (Provider # PCE 327).

X United Behavioral Health is recognized by the National Board for Certified Counselors to offer continuing education for National Certified Counselors. We adhere to the NBCC continuing education guidelines. United Behavioral Health maintains responsibility for the program. (Provider #5922)

Registered Nurses

X Provider approved by the California Board of Registered Nursing (Provider # CEP 10225).

X UBH is an approved provider of continuing nursing education by the Pennsylvania State Nurses Association an accredited approver by the American Nurses Credentialing Center's Commission on Accreditation.

For professionals credentialed by organizations other than those *checked* above, please check with your respective boards to verify the acceptability of the continuing education credit earned through this event.