

## **ADDRESSING TREATMENT ISSUES IN GERIATRIC DEPRESSION**

Richard J. Goldberg, MD, MS

### **FACULTY BIO**

Richard J. Goldberg, MD, MS, is a Professor of Psychiatry & Human Behavioral at Brown University and Psychiatrist-in-Chief at Rhode Island Hospital and The Miriam Hospital. He is Board Certified in Psychiatry with sub-specialty certification in Geriatric Psychiatry and holds a Master's Degree in Health Care Management from the Harvard School of Public Health. He has extensive experience in developing psychiatry programs and is a frequent consultant on Medicare reimbursement issues. He is actively involved in psychiatry consultation in the long-term care setting and supervision of psychiatry fellows in the area. He has published over 100 peer-reviewed papers and 6 books, and is the Editor of a monthly national newsletter, the Geriatric Psychopharmacology Update. He is the author of a comprehensive psychiatry textbook, Practical Guide to the Care of the Psychiatric Patient, which is going into its third edition. His areas of interest include: psychiatry issues in geriatric patients, health care policy and practice management, interface of primary care and psychiatry, as well as dementia and depression in the elderly.

### **COURSE DESCRIPTION**

This one hour course will review recent information on the identification, assessment, and treatment of geriatric depression. Because the geriatric population often has significant medical co-morbidity as well as possible dementia, there is a review of medical and neurologic diagnostic considerations. There is also an overview of screening and differential psychiatric diagnoses which need to be considered. Finally, there is a review of current treatment approaches with attention to the evidence basis for each.

### **COURSE OBJECTIVES:**

Participants will be able to identify:

- Medical issues leading to geriatric depression symptoms
- The relationship of dementia and geriatric depression
- A comprehensive differential diagnostic approach to geriatric depression
- The options for screening
- The up-to-date level of evidence for various treatment approaches

### **BIBLIOGRAPHY:**

Nakajima GA, Quality Indicators for the Care of Depression in Vulnerable Elders. JAGS. 2007; 55:S302-S311.

Unutzer J, Late-Life Depression. N Engl J Med. 2007; 357:2269-2276.

### **Course Outline**

Introduction	2 minutes
Financial Disclosures	1 minute
Course Overview and Agenda	2 minutes
Prevalence of depression in geriatric population	10 minutes
Depression with other co-occurring diseases	15 minutes
Management and treatment issues	15 minutes
Side effects with geriatric patients	10 minutes
Summary	5 minutes
Questions and Answers	15 minutes

**Continuing Education credits**  
**1 Credit Hour of CE**

Many state boards accept offerings accredited by national or other state organizations. For example, the National Association of Social Workers, Georgia Chapter will grant credit for activities approved by the California Board of Behavioral Sciences. If your board is not listed, please check with your professional licensing board to determine whether the accreditations listed are accepted. **It is your responsibility to check with your licensing board regarding their specific requirements.** To receive CE credit, registrants must attend the entire session. **The below *checked* Boards will accept CE credit for this course:**

**One Credit Hour of CE**

Psychologists

- X United Behavioral Health is approved by the American Psychological Association to offer continuing education for psychologists. United Behavioral Health maintains responsibility for the program.

Social Workers

- X This program was approved by the National Association of Social Workers (provider # 886366512) for one continuing education contact hour.
- X This course meets the qualifications for continuing education for MFT's and LCSW's as required by the CA Board of Behavioral Sciences (Provider # PCE 327).

Certified Counselors

- X This course meets the qualifications for continuing education for MFT's and LCSW's as required by the CA Board of Behavioral Sciences (Provider # PCE 327).
- X United Behavioral Health is recognized by the National Board for Certified Counselors to offer continuing education for National Certified Counselors. We adhere to the NBCC continuing education guidelines. United Behavioral Health maintains responsibility for the program. (Provider #5922)

Registered Nurses

- X Provider approved by the California Board of Registered Nursing (Provider # CEP 10225).
- X UBH is an approved provider of continuing nursing education by the Pennsylvania State Nurses Association an accredited approver by the American Nurses Credentialing Center's Commission on Accreditation.

For professionals credentialed by organizations other than those checked above, please check with your respective boards to verify the acceptability of the continuing education credit earned through this event.