

Practice Based Evidence: Maximizing Patient Outcomes in Treatment

Gary Burlingame, PhD

Please check www.ubhonline.com for expiration date of CE credit

Instructions for Receiving Your Continuing Education Certificate

To obtain your CE Certificate, please complete and submit the four documents required by the credentialing boards:

1. Attendance Verification Form
2. Course Evaluation
3. Post Test
4. Sign-in Sheet

Please submit the four completed documents to UBH via one of the following methods:

Fax

1-801-926-3090

Attn: UBH Clinical Learning Programs

Mail

IAHB

Attn: UBH Clinical Learning Programs

4370 Alpine Road, Suite 209

Portola Valley, CA 94028

Upon receipt and documentation of your successful completion of the course, a CE Certificate will be mailed to you within 6-8 weeks.

ATTENDANCE VERIFICATION FORM

UBH Clinical Learning Department--Continuing Education Course

Course Title: Practice Based Evidence: Maximizing Patient Outcomes in Treatment

Faculty Name: Gary Burlingame, Ph.D.

Name: _____

Date: **05/19/08** **06/02/08** **Other:** _____

CE instructions:

1. Fill out this form completely. **PLEASE PRINT LEGIBLY.** We must include your license number in our permanent records. If you cannot provide your number now, please provide your social security number.
2. Turn in this form along with your Post-Test, Course Evaluation form and Sign In Sheet.
3. Please follow the directions for submitting these forms to UBH to obtain your CE certificate.

Name and Degree _____ LPC/LMHC Social Worker

Address _____ Psychologist RN

City/State/Zip _____ CEAP Physician

Phone # _____ NCC MFCC/MFT

e-mail: _____ Other _____

Signature _____ Prof. License Number(s) & State(s): _____

To which board(s) do you plan to submit these credits?

One Credit hour of CE

- Psychologists
- United Behavioral Health is approved by the American Psychological Association to sponsor continuing education for psychologists. United Behavioral Health maintains responsibility for this program and its content.
- Social Workers
- This program was approved by the National Association of Social Workers (provider # 886366512) for one continuing education contact hour.
- This course meets the qualifications for continuing education for MFT's and LCSW's as required by the CA Board of Behavioral Sciences (Provider # PCE 327).
- Certified Counselors
- This course meets the qualifications for continuing education for MFT's and LCSW's as required by the CA Board of Behavioral Sciences (Provider # PCE 327).
- United Behavioral Health is recognized by the National Board for Certified Counselors to offer continuing education for National Certified Counselors. We adhere to the NBCC continuing education guidelines. United Behavioral Health maintains responsibility for the program. (Provider #5922)
- Registered Nurses
- Provider approved by the California Board of Registered Nursing (Provider # CEP 10225).
- UBH is an approved provider of continuing nursing education by the Pennsylvania State Nurses Association an accredited approver by the American Nurses Credentialing Center's Commission on Accreditation.

UBH Clinical Learning - Course Evaluation

Course Title: Practice Based Evidence: Maximizing Patient Outcomes in Treatment

Faculty: Gary Burlingame, PhD

Name: _____ 05/19/08 06/02/08 Other: _____

Your current professional status:

- Licensed Psychologist MFT LCSW MD/DO
 Unlicensed Masters/Doctoral level RN LPC Other (specify):

	Strongly Agree	Agree	Disagree	Strongly Disagree
1. Overall, I was satisfied with this course	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
2. Training Content (Check one choice for each item below): I am able to identify the following concepts:				
A. Different major models of evidence based treatment.	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
B. How to use practice-based evidence methods to identify potential treatment failures and maximize outcomes	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
C. Steps that need to be taken in order to implement an effective practice-based feedback system.	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
D. A summary of the results of providing practice-based feedback to therapists about non responding patients.	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
E. A decision tree problem solving strategy and brief questionnaires to prompt changes in the course of psychotherapy.	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
3. Training Format (Check one choice for each item below):				
A. Learning materials were effective	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
B. Learning method (teleconference) was effective	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
C. Learning program was easy to access	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
4. Instructor (Check one choice for each item below):				
A. Overall, the instructor effectively facilitated my learning	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
B. The instructor demonstrated expertise in the subject matter	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
C. The instructor presented the subject matter clearly	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
5. Course Relevance (Check one choice for the item below):				
A. The course provided new information useful to me in my practice	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
B. I will use specific information from this course in the following ways (check all that apply):				
<input type="checkbox"/> Improving clinical assessment skills				<input type="checkbox"/> Effective involvement of family or other's support to enhance treatment outcome
<input type="checkbox"/> Improving treatment techniques and outcomes				<input type="checkbox"/> Effective use of adjunctive client-focused resources to enhance treatment outcomes
<input type="checkbox"/> Use of validated tools/process to improve assessment and monitoring of treatment				<input type="checkbox"/> Enhance medication co-management (e.g. techniques to identify a need to start medication therapy, how to monitor for side effects, how to determine medication effectiveness and/or when to request medication change due to ineffectiveness)
<input type="checkbox"/> Knowing when to collaborate with or refer to other clinicians				<input type="checkbox"/> Other (specify):
6. Tell us what UBH can do to make this course better (Check all that apply):				
<input type="checkbox"/> Make it shorter	<input type="checkbox"/> Make it longer	<input type="checkbox"/> Find more effective instructor		
<input type="checkbox"/> Include more detail on subject matter (specify):				
<input type="checkbox"/> Include less detail on subject matter (specify):				
<input type="checkbox"/> Other (specify):				

POST TEST

UBH Clinical Learning Department--Continuing Education Course

Course Title: Practice Based Evidence: Maximizing Patient Outcomes in Treatment

Presenter: Gary Burlingame, PhD

Name: _____

Date: 5/19/08 6/02/08 Other: _____

SCORE: _____

Please choose the correct answer:

1. Practice-based evidence methods have not been evaluated with the same rigorous randomized studies as those supporting the empirically supported treatments.
TRUE FALSE
2. Providing feedback to cases that are "on track" does not produce reliable improvement in patient outcomes.
TRUE FALSE
3. Providing therapists with feedback on patient progress for cases that are failing produces large gains in patient improvement and reduces treatment failures
TRUE FALSE
4. There is no evidence that providing therapists with a problem solving strategy for failing cases improves a client's ultimate outcome.
TRUE FALSE
5. The vast majority of patients in a "typical" therapist case load are "on track" and require no change to the psychotherapy being offered.
TRUE FALSE

SIGN IN AND SIGN OUT SHEET FOR CONTINUING EDUCATION APPROVAL

Name of Sponsoring Organization: UNITED BEHAVIORAL HEALTH				
Name of Continuing Education Program: Practice Based Evidence: Maximizing Patient Outcomes In Treatment				
Name of CE Staff Person Totaling Hours for Participants: Marie Iddings, LCSW			Signature of CE Staff Person Totaling Participant Hours: <i>Marie Iddings</i>	
Location of Program: National teleconference offered on 05/19/08 and 06/02/08			Instructor: Gary Burlingame, Ph.D.	Date:
Participant's Signature	Participant's Name and Address (Please print clearly)	Type of License State NASW Member? Yes/No	License Number	Sign In Time/ Sign Out Time
1.				
2.				