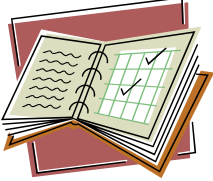


Supplemental and Measurable Guidelines

These measurable guideline components are meant to operationalize recommendations from the APA and AACAP guidelines and to establish a minimal standard of care. When clinically indicated, clinicians are encouraged to complete more sessions with patients than what is stipulated in the guidelines. The guidelines as written are meant to measure a minimum standard of care.

To review these guidelines, please visit Clinical Resources at www.ubhonline.com

	Major Depressive Disorder (MDD)	ADHD	Bipolar Disorder	Schizophrenia
Component 1	Patient should be seen at least three (3) times for medication management and/or psychotherapy during the twelve (12) weeks following a diagnosis of MDD.	For children ages 6-12: Patient should be seen for a minimum of four (4) medication management and/or therapy visits within six (6) months of the initial diagnosis of ADHD.	Patient should receive at least one (1) subsequent medication management or ECT visit within 6-10 months of completing an initial medication management or ECT visit at the start of treatment.	Patient should be seen at least quarterly for medication management and/or psychotherapeutic visits
Component 2	When the MDD diagnosis is associated with inpatient care, the first of the three (3) required visits is to occur within seven (7) days of discharge from inpatient treatment.	Children followed by UBH prescribing clinician (rather than by PCP): Time between initial and second follow-up visit should be 45 days or less	Enrollee should be seen for at least two (2) psychotherapy/ supportive contact visits within initial six (6) months of outpatient treatment.	N/A

Aftercare Compliance Post Inpatient Discharge Reminder

Inpatient Discharge	Aftercare appointment should be in place prior to discharge and kept within seven (7) days of discharge; if an appointment is not available within seven (7) days, an appointment must be offered and kept within 30 days
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